

三至五歲[茁壯成長]計劃		三歲	四歲	五歲
3-5 Years Old Child Health and Development Check-Up Programme		3 Years Old	4 Years Old	5 Years Old
醫生診斷及身體檢查(可自由選擇醫生) Doctor's Health Assessment (Choose Individually)		✓	✓	✓
體重及身高量度 Body Weight and Height Measurement		✓	✓	✓
血壓量度 Blood Pressure Measurement			✓	✓
體重指標 Body Mass Index		✓	✓	✓
聽覺測試 Hearing Test			✓	✓
視力檢查 Vision Test	視力測試 Visual Acuity	✓	✓	✓
	色覺測試 Color Vision		✓	✓
	立體視覺測試 Stereoe Test		✓	✓
兒童發展監察測評估 Child Health Assessment		✓	✓	✓
生長發展監察及評估 Development Surveillance Scheme (DSS)		✓	✓	✓
親子管教技巧及育兒指導 Nurse Parenting Education		✓	✓	✓
個別幼兒飲食指導 Individual Advice On Diet		✓	✓	✓
填寫學校健康評估表 Filling of School Health Records		✓	✓	✓
疫苗注射 Vaccination				
適齡疫苗注射 Vaccination	四合一低敏混合疫苗 DTaP+IPV	注射一針 One Injection		
額外疫苗注射 (另外收費)	麻疹、流行性腮腺炎、德國麻疹及水痘混合疫苗 MMRV	注射一針 One Injection		
	季節性流感疫苗 Seasonal Influenza	可每年接種 Annually		
	甲型肝炎疫苗 Hepatitis A Vaccine	共兩針 (相隔半年至一年) Total Two Doses (Half to One Year Apart)		
	腦膜炎雙球菌結合疫苗 Meningoccal Vaccine	兩歲以後只需注射一針 One Injection after 2 years old		
	日本腦炎疫苗 Japanese Encephalitis Vaccine	共兩針 (相隔一年至兩年) Total Two Doses (One to Two year Apart)		
三年計劃收費 3 Years Programme Charge		\$6,780 (Non-Member) (新會員)		
		\$5,980 (Member) (舊會員)		