



嘉諾撒醫院

Canossa Hospital (Caritas)

<Preparations for Health Check>

On The Day Before Appointment

1. Please keep fasting at least 9 hours before the health check appointment, no breakfast and medicine but plain water is allowed.
2. You may collect stool sample at home. Preferably to save within 12 hours and store in a cool place.

Appointment Day

1. Please arrive to Health Check Clinic 10 minutes earlier before your appointment time for registration and filling in your health check questionnaire.
2. Please bring your ID card / passport / valid HK Travel Visa for registration.
3. If you had saved stool sample on the day before, please hand it to the staff.
4. You can collect urine sample in centre, please follow the instruction of staff how to save sample.
5. If you have chronic illness or other health problems, please bring your medical report and medicine to assist diagnosis.
6. Please reserve 2-4 hours for health check. The length of time depends on different packages.

Medication Guideline

1. Withhold your medication for diabetes and hypertension on the examination day until blood taking is completed.
2. If urea breath test is needed, antibiotics should be stopped for 4 weeks, and bismuth salts or proton pump inhibitors should be stopped for 2 weeks prior to the test. (For Supreme and Prestige Scheme).

Radiology Guideline

1. **Computerized Tomography Scanning (CT):** Please tell the doctor if you have any allergy to contrast material, seafood or medicine. Preventive drugs may be given to you prior to the test. (Drug is excluded in the health check package)
2. **Magnetic Resonance Imaging (MRI):** Our radiologist will contact you for further information few days before your health check. It is not recommended to have MRI if you have any metal or electronic devices in your body, e.g. metal clips, cardiac pacemaker, orthopedics devices, metallic foreign body in eye, dentures, hearing aid, insulin pump, hair extension.

Advice On Suitable Clothing

1. Please dress casually or in loose clothing for examinations.
2. If treadmill is needed, sneakers, sportswear and towels are required.

For Female Clients

1. **Pap Smear :** Advised to have check-up on non-menstrual date or after 7 days of menstruation. Please complete it within 1 month, otherwise the hospital may charge the extra fee.
2. **Ultrasound Breast or Mammogram:** Please bring along any previous film or reports for comparison purpose if you had done in other center.
3. **X-ray:** If the 28-day menstrual cycle is overdue, the examination may have to postpone or a urine pregnancy test is needed to confirm the pregnancy status on self-pay.
4. **CT:** If suspect pregnant, please inform staff to suspend the test.
5. **MRI :** Pregnant woman should avoid taking this test during the first 3 months of gestation.



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Other issues

Medical Procedure and Additional Charge

1. Itemized price breakdown will not be provided as this is considered a package deal.
2. Additional consultation fee may be charged for advice or treatment unrelated to the examination schemes.
3. All tests must be completed within 1 month, and no refunds will be issued.

Report Arrangement

1. Report will not be sent by email, fax, or post to ensure confidentiality.
2. Third party could be authorized in collecting report with authorization letter.
3. Follow up date should be made within 3 months. Otherwise, additional fee would be charged for doctor consultation and photocopy of films and reports.

Insurance

1. All clients are responsible for their own insurance claim. A pre-approval guarantee letter from the insurer must be provided at the point of check-up in order to request coverage of all expenses. Otherwise, the clients are required to settle the payment and request reimbursement from their insurer.
2. There is a service fee for filling insurance form or claim form.

Transportation

1. The car park fee is HK\$35 per hour.
2. We have limited car parking space, you are advised to use public transport or hospital shuttle bus. (Please refer our website for the transport arrangement)

Bad Weather Arrangements

In case of Typhoon Signal No. 8 or above, or Black rainstorm signal is hoisted, your appointment will be cancelled automatically. Please phone to re-arrange the appointment.

Payment Method

We accept cash and credit card, but not accept cheque.

Enquiry

Health Check Centre

Address: 1/F Canossa Hospital, 1 Old Peak Road, Hong Kong.

Opening hour: Monday to Friday 8:00a.m. – 3:30p.m.

Saturday 8:00a.m. – 12:00noon

Closed on Sunday and public holiday

Hotline: (852) 2825 5395 with voicemail function

Email: healthclinic@canossahospital.org.hk

Website: https://www.canossahospital.org.hk/en/service/health_check_services/examination_schemes/

Effective from: 1 April 2023