

## Courage

When the day begins to dawn  
and difficulties overburden my awakening,  
boost my courage, O Holy Spirit,  
you who possess ever new strength.

When problems rise up along my way  
boost my courage,  
help me face with serenity  
every obstacle.

In the moment of failure  
when everything seems lost,  
boost my courage,  
with greater faith in divine help  
make me regain energy.

When suffering comes  
and becomes oppressive,  
boost my courage,  
so that united with Christ,  
for the good of the Church,  
I may accept and offer everything.

When the evening descends with its heaviness, boost my courage so that at the end of the day I may walk with passion to the heights of love.

